

## **FAMILY & PARENTING**

#### **NEW! Candid Conversations About Motherhood**

Motherhood: we know what it's supposed to be, now let's talk about what it's really like. Here's a chance to speak openly and honestly about motherhood, and explore the family issues, societal pressures and expectations that can make motherhood so stressful. Join Sherri Muroff Kalt, Founder and President of The Authentic Mom, to discuss what mothers are really going through.

1 Wed., June 11, 7:00-8:00 pm, Room TBD, Free. S Muroff Kalt. #WJ-D434

## **NEW!** Empowerment for Moms of Teen Girls

This workshop guides moms in learning how to create the lives they truly want for themselves and their teen daughters, through journaling, drawing, guided visualization, self-reflection and supportive discussion.

4 Sat., July 12-Aug. 2, 9:00 am-12:00 noon, Room TBD, \$100. S Whitten. #WJ-D840

#### **Parent Survival Kit**

Think of this workshop as a tool kit, filled with all tips and techniques to keep your child safe. Your tool kit includes how to treat stings and bites, helping your overweight child become healthier, managing sibling rivalry, owning a dog when you have children, and abduction prevention tips.

1 Sat., July 12, 9:00 am-12:00 noon, Room TBD, \$30. N Salama. #WJ-D655

# Starbound Talent: Is Your Child a Rising Star?

Provides information for parents, their children or young adults who aspire to work in the entertainment business. Includes where to receive training for your specialty; how to write a performing resume; what kinds of pictures are needed; and where and how to obtain work.

3 Wed., June 11, July 19 & Aug. 6, 6:00-7:00 pm, Room TBD, \$45. I Kent. #WJ-D603